

# Spring Cleaning Tips

Following a list makes everything in life easier and more efficient. Here are some spring cleaning tips and techniques for every room in your home.

## **Livingroom**

1. Dust and vacuum corners and crevices from high points to low. Remember dust falls downward so you want to clean from the top to the bottom of any room.
2. Vacuum furniture, lampshades and pictures. Remember all those gadgets that come with your vacuum cleaner? Use them here, and experiment with different attachments for furniture and corners of rooms.
3. Vacuum or wash curtains.
4. Dust wood furniture.
5. Dust mop floors.
6. Vacuum carpet.
7. Take plants outside for a gentle washing with a fine spray from your garden hose. Plants and their pots get dusty over the winter.

## **Bedrooms**

1. Wash, or dry-clean curtains.
2. Take blinds outside and wash them with a mild ammonia solution. Rinse with that good old stand by—the garden hose!
3. Strip bed linens and dust ruffle.
4. Vacuum your mattress and box spring. Flip and rotate the mattress before putting on new sheets. This will prevent dips from forming on the mattress, and keep it firmer longer.
5. Polish wood furniture and dust knickknacks.
6. Vacuum everything, from the floor behind and under the bed to the carpet, lampshade and pictures.
7. Clean mirrors and wipe down light fixtures and lamps.
8. Dust mop wood floors.

## **Kitchen**

1. Let cleansers do the scrubbing for you! Spray your oven with cleaner the night before you plan to spring clean your kitchen. This will literally “marinate” the grease and grime, making it simple to sponge off.
2. Vacuum stove vents, refrigerator coils, floor, and counters.
3. Defrost that freezer. A blow-drier aimed at the ice will speed up the process. Get rid of old foods, or those jars of things you thought you’d like but never ate.
4. Clean the inside of freezer and fridge with a solution of three tablespoons of baking soda and one quart of warm water.
5. Clean outside of fridge with glass cleaner.
6. Wash out the trash can and spray it with a good disinfectant before putting in a new lining. Leave it outside the kitchen for the next step.

## **Bathrooms**

1. Spray shower and tub with strong cleanser.
2. Pour cleaner into the toilet bowl, and spray the outside with the same cleaner. Let the chemicals do the cleaning while you do the next steps.
3. Clean mirrors, chrome, bathroom scale, and light fixtures with glass cleaner.
4. Vacuum everything! This will remove dust and hair that is so hard to get up when surfaces are wet.
5. Empty and clean the wastepaper basket.
6. Clean the sink and wipe off the cleanser you already applied to the shower and tub.
7. Working from the top of the toilet down, clean the outside, and brush and flush the inside.